

# **Surfing FAQs**

## Where do we meet?

Please come to Widemouth Beach – North which is the first main beach at Widemouth as you take the coast road from Bude. Post code EX23 0AH. If you go to Black Rock, you are on the wrong beach! Please be 15 minutes early to allow time for collecting your wet suit and getting changed. Please note that you need to buy a car park ticket at Widemouth Bay.

## **How will we recognise Sam and Atlantic Pursuits?**

Sam parks next to the beach café on the grass on the left hand side as you enter Widemouth car park. He has a green van with a gorgeous sunset on the side and Atlantic Pursuits.

#### What do we wear?

Please wear swimsuit (and rash vest if you have one) under your wetsuit. Make sure that you have towel and full change of clothes afterwards.

# Is there a changing room?

Unfortunately, as a mobile unit we change on the beach. There are council toilets if you prefer to change inside.

#### Where do we leave our clothes?

You can leave everything in the van, which is locked while we go down to the surf.

#### What if I have a medical issue?

Please advise Sam if you are diabetic, asthmatic or other, as he takes a complete first aid kit to the water's edge, so can take inhalers, insulin etc in a watertight bucket. Please do not let any medical disability put you off. If you are concerned, please call Sam on 07974 718145.

#### How long is the session?

The surf or boogie board session is 2 hours, plus time for walking back up the beach and getting changed. Please allow 2.5 hours.

## What if it is raining?

Well, you are going to get wet anyway, so sessions will still go ahead. It is quite enchanting surfing in the rain. The only time a session will be changed or cancelled will be if the surf/weather conditions are too dangerous.

#### Do I have to be able to swim?

No. We do not take you beyond chest depth, the surf board is an excellent floatation aid and our coaches are extremely vigilant. Please let us know if you are nervous and we will keep a weather eye on you.

#### What if we can't make it?

If you are a no-show, or you don't want to take part on the day because the weather is not sunny, regretfully there is no refund. This is because instructors are booked for the group ration and cannot be cancelled. If there is a problem or illness, we will do our best to rebook another session for you.

# What if the sea is really full of other surfers?

As we are qualified beach lifeguards, we are able to set up a surf area for your groups, just outside of the public surf area. We are very careful to avoid a crowded surf zone.

## Can we leave our kids with you for the day?

Yes, but we cannot transport people to and from activities so parents or guardians need to deliver and collect your children to and from the session, but you do not have to stand watch at the water's edge. Please ensure that you are there to assist your child with getting changed before and after a session. Please leave a contact number with us, while you go off for the session duration. All our staff and CRB/DBS checked.

Any other queries, please call Sam Roberts on **07974 718145** or email info@atlanticpursuits.co.uk Thank you.